



## HELPING HANDS SENIOR FOUNDATION

### ABOUT US

Helping Hands is a friend that you can depend on for information about helpful resources that your community has to offer. We make it our mission to seek out programs that can help you improve your quality of life, and lower your cost of living, so that you can hold onto your independence as long as possible.

Our Care Coordination assistance is free to seniors, or their families, who have a problem and want to talk about it. When you call in, you will be greeted by one of our Intake Coordinators who will help you through our intake process. Within 3 business days, we will get back to you to let you know what resources we have found that you may benefit from.

### SERVICES WE WOULD LOVE TO SHARE WITH YOU:

- ❖ Fall Prevention/ Mobility Programs
  - ❖ In-Home Care
    - ◆ Non-Medical Care
    - ◆ Medi-Cal or VA Programs
    - ◆ Home Health Services
  - ❖ Wheelchair Maintenance & Cleaning
    - ◆ Manual or Transport Chairs
    - ◆ Power Wheelchair or Scooter
  - ❖ Transportation Assistance Services
    - ◆ Dial A Ride
    - ◆ Taxi Vouchers
    - ◆ Access Transit
    - ◆ Local/ Community Programs
  - ❖ Care Management/ Case Management
    - ◆ Ongoing
    - ◆ Crisis Intervention
  - ❖ Low Income Dental Programs
  - ❖ Medication Management
  - ❖ Medi-Cal Application Assistance
- ❖ VA Benefits Application Assistance
    - ◆ Disability Pension
    - ◆ Aide & Attendance
    - ◆ Home Modifications
    - ◆ VA-Other
  - ❖ Hospice & Palliative Care Referrals
  - ❖ Food Programs
    - ◆ Home Delivery Programs
    - ◆ Food Bank Locations
    - ◆ Vouchers
  - ❖ Financial Assistance Program Information
    - ◆ County Programs
    - ◆ Social Security Increases
    - ◆ Clinical Trial Participation
    - ◆ Outreach / Work Opportunities
  - ❖ Residential Placement Assistance
  - ❖ In-Home Medical Services
    - ◆ Home Dr Visits
    - ◆ Lab Services

And much more...



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*Serving Most of  
Southern California*