

## OUR PROCESS

We gather basic information about your needs, health, support structure, income, insurance and other critical information; our intake process usually takes about 10-15 minutes and can be completed over the phone.



We make sure that your file is complete, verify eligibility, create a care plan and assign a care coordinator who should reach out to you in a few business days.



When the care coordinator contacts you, they will verify the information in your file and will then share the resources that they have gathered for you verbally and electronically.



Now that you have your list of resources, it is time to take action. You decide which options you want more information about and then we will let you know the process to move things forward.

Please call **818-279-6580** to learn more about AMAZING resources!

[www.helpinghandsla.org](http://www.helpinghandsla.org)

## COVERAGE AREA

Serving most of Southern California

Los Angeles County      San Bernardino County  
Riverside County        San Diego County  
Ventura County            Orange County

## CONTACT US

**Phone:** 818-279-6580

**Fax:** 818-579-7395

Email: [info@helpinghandsla.org](mailto:info@helpinghandsla.org)

[helpinghandsla.org](http://helpinghandsla.org)

## BUSINESS HOURS

Monday - Friday

8:30 am - 5:30 pm



**HELPING HANDS**  
SENIOR FOUNDATION

## Resources we can assist with:

- In-Home Care
- Transportation Assistance Services
- Care Planning
- Case Management
- VA Benefits
- Financial Assistance Programs
- Residential Placement Assistance
- Medical Equipment
- Housing Referrals/Resources
- And more...

Call Today!

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[www.helpinghandsla.org](http://www.helpinghandsla.org)

# ABOUT US

**Helping Hands Senior Foundation** is a non profit organization, founded in 2015, that helps seniors learn about great programs and resources in their community. We offer a free care planning service to seniors of any income level, insurance and/ or health condition. Our goal is to help our senior clients retain or regain their independence, while lowering their cost of living and improving their quality of life.

From our Reseda call center, we provide services throughout most of Southern California, including Los Angeles, San Bernardino, Ventura, Riverside, Orange and San Diego counties. We currently assist 400-1,000 new seniors per month and have helped over 21,000 seniors since our inception.



# How We Help

## Care Coordination

This department has one goal: to connect you to the best resources that your community has to offer. Before we look into options that would cost you any money out of pocket, we try to tap into free, insurance paid or government subsidized options to help stretch your budget as far as possible.

## Placement Assistance

This department focuses on getting a roof over our client's head, with available care that is based on level of need. We match our clients to senior communities, group homes, skilled nursing and other placement options. We work with any income level, through insurance and have some options for those who have no income.

## DME Loan Closet

The DME Loan Closet is a free community resource where you can have access to medical equipment, medical supplies and even other items needed for safety at home.

## Helping Hands Home

Our Helping Hands Home is an independent living option for seniors with a growing number of locations in Southern California. Utilities, TV, internet access, prepared meals, laundry service, general housekeeping and other amenities are included. This program is great for low income seniors but also great for seniors who just want to have more money left over at the end of the month.